

Growth can only begin from essence, it is all we have to work from. Personality must become obedient and passive first of all.

MEETINGS HELD

12/6/22 and 2/6/22

Our development like butterfly. We must "die and be reborn" like the egg dies and becomes caterpillar, dies and then chrysalis, dies and then butterfly born. A long process and butterfly lives only a day or two. But cosmic purpose fulfilled. Same with man, we must destroy our buffers. Children have none; therefore we must become like little children.

We can do nothing new, all our actions are determined by our past--our rolls. Good and evil are relative to something, are the right and left of a line. For us this line is The Work. Struggle between yes and no/ creates permanent faculties and a new force.

Try to do all things in all circumstances. Most help is given to those who help themselves to right direction. Must help ourselves, the work, the group and the teacher. Cannot do any one alone, must do all. Without struggle and thus obtaining power within, it is impossible to continue after a certain stage.

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MEETINGS HELD

30/6/22 and 17/7/22

In law of three working within us, life now is the neutralizing force but aim should be the third force, and school will later provide the channel for it. Cosmic forces know humanity en masse, not individuals at all, but help the "quickest" through intermediaries.

Emotion can be the neutralizing force of positive and negative thinking; the mind, the neutralizing force of positive and negative feeling, etc. Transfer emotional reaction to mind, be aware of this reaction, but let mind react, according to discrimination.

The difference between Essence and Personality can be seen only by conscious man. Any habitual role is personality, any new role we play is essence, but for this new conditions are necessary. Essence always reacts similarly, personality differently. We can

30/6/22 + 11/1/22

never concentrate our energies on our work; a great deal is wasted by sub-conscious activities of mind and feelings, tensions of muscles, etc.

We attract forces according to our being. In dreams the moment we realize we are asleep, we awake. Similarly, in life, when we realize that we are "asleep" we try to awake. Many of our activities such as fear, lying, theft, greed, etc. are due to an accumulation of corresponding energies.

Non-identify - Identification in work means one-center work; we see only the aspect with which we are identified. All this teaching given in fragments--must be pieced together, and connect all observation and actions to them. In Institute, our weaknesses are observed; we are given repeated opportunities to see them, but we absolutely must see them for ourselves; e.g., questions, casual remarks in certain circumstances bring out certain replies which may indicate a great deal. Increase of knowledge implies an increase of ignorance. Humanity is the Earth's nerve ends, through which planetary vibrations are received for transmission.

No energy is ever lost in the cosmic scheme. Man has real individuality inherent in him, but can only reach it after long process and gradual growth through great effort. We can easily sacrifice our pleasures but not our sufferings; we are too identified with them--we love ourselves too much. We must learn to express opposite feelings. Everything in the universe has a place in a scale.

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Formatory apparatus is a storehouse of old impressions and associations. All later thinking from them by associations. It is like a hired typist for a firm, who has a large number of stereotyped replies for external impressions. She sends printed replies to other centers who are "directors" of the firm and who are strangers to each other. Wrong replies often sent as typist asleep or lazy. There are four channels to formatory apparatus. The largest is from instinctive center, next from sex center, third from emotional center, and fourth channel, very narrow, from mental center. "Greatest" and "Noblest" so-called thoughts always from instinctive or from sex centers.