"Your principal mistake consists in thinking that you *always have consciousness*, and in general, either that consciousness is *always present* or that it is *never present*. In reality consciousness is a property which is continually changing. Now it is present, now it is not present. And there are different degrees and different levels of consciousness. Both consciousness and the different degrees of consciousness must be understood in oneself by sensation, by taste. No definitions can help you in this case and no definitions are possible so long as you do not understand *what* you have to define. And science and philosophy cannot define consciousness because they want to define it where it does not exist. It is necessary to distinguish *consciousness* from the *possibility of consciousness*. We have only the possibility of consciousness and rare flashes of it. Therefore we cannot define what consciousness is."

—G. I. Gurdjieff, as quoted by P.D. Ouspensky, *In Search Of The Miraculous*, p. 117, Paul H. Crompton, Ltd. 2004

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