"We have already spoken enough about the meaning of being 'born.' This relates to the beginning of a new growth of essence, the beginning of the formation of individuality, the beginning of the appearance of one indivisible I."

—G. I. Gurdjieff, as quoted by P.D. Ouspensky, *In Search Of The Miraculous*, p. 218, Paul H. Crompton, Ltd. 2004

"Neither of them remembered anything the next day. G. explained to us that with the first man everything that constituted the subject of his ordinary conversations, of his alarms and agitation, was in personality. And when his personality was asleep practically nothing remained. In the personality of the other there was also a great deal of undue talkativeness but behind the personality there was an essence which knew as much as the personality and knew it better, and when personality went to sleep essence took its place to which it had a much greater right. "

—G. I. Gurdjieff, as quoted by P.D. Ouspensky, *In Search Of The Miraculous*, p. 253, Paul H. Crompton, Ltd. 2004

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